Subject:

ENM Panul April 2025



# **ENM** Pānui

# An Amazing Awapuni Movie Night.

It was an evening of temperamental and cold weather, but we certainly felt the love and warmth from the people who came to the Manawatū Food Action Network movie 'Together We Grow' at Awapuni Park on Wednesday 29th of March. The movie told the story of a thriving hub helping to build resilience into its local community by growing, sewing, repairing and sharing. This provided ample food for thought and the BBQ corn provided to guests some actual food (can't have enough butter and Himalayan rock salt!) There was a feeling of community as we cuddled up on the straw bales with blankets and warm drinks.

Our thanks to Palmerston North City Council, Kāianga Ora and Ora Konnect for their support in helping us make this event possible.



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#### Your Kitchen Business.

The Manawatū Food Action Network in collaboration with Ora Konnect will be facilitating a series of 4 workshops called "Your Kitchen Business".

Starting Monday 8th of May 7pm- 9pm over the space of 4 weeks the workshops will take place at Highbury Whānau centre. at a cost of \$40 per family.

This project is an outcome of the 4412 Kai Resilience Strategy where we spoke with many whānau who identified a dream to turn their passion for kai into a commercial success.

This workshop series will support people with this moemoea in taking the next steps in creating a wellconstructed kai business plan. Workshop topics and themes will include Te ara whānau ora, human resources/logistics, food safety, finances, networking and marketing

You can register for this event here.



## Celebrating Volunteering. Susana Figlioli. Green Drinks Palmerston North.

Susana Figlioli is deeply passionate about learning, and connections with people who understand and believe that we are at one with the natural environment. Originally from Argentina she found herself awed by the unique NZ environment '...The magnificence of nature, so accessible here, the bush, ranges, rivers and beach...all powerful, alive, interconnected, wild, enabling, nurturing, wise'. It was this reverence, and the first lockdown that inspired her to start Green Drinks Palmerston North along with close friends Vanesa, Clara and Jimena...

# You can still enrol for Enrol for the Future Living Skills Course in March.

Want to learn how to save money on your power bill? Grow a new garden? How to reduce your waste? Clever tips and tricks to make your home more energy efficient?



We're keen to help you become more sustainable in your daily life through participation in the Future Living Skills Programme which started again on Monday 27th March, 10 am -12 noon and takes place over eight sessions at Te Patikitiki Library.



The programme is free though koha is appreciated. You can register <u>by clicking on this link.</u>



#### Repair Cafe continues to thrive.

1 busy Saturday morning with 18 volunteers, over 50 visitors, 30 plus mends, 2 great cakes (carrot AND red velvet) and countless smiles as precious things were brought back to life. This was <u>Palmerston North Repair</u> <u>Cafe</u> on its 25th of March event.

The initiative is amassing a big Facebook and in person following as people look to have damaged goods mended thus saving them from landfill. Many of these items have amazing stories and distinct and touching sentimental value.

Thank you to all who came and who contributed. Next cafe will be on Saturday 29th of April, Te Manawa Museum of Art, Science & Heritage 10am-1pm.

#### Let's Grow Awapuni

Are you interested in growing more of your own fresh healthy produce?

You are warmly invited to attend Let's Grow Awapuni, every 2nd Tuesday from 11:30am- 12:30pm to korero about and share the produce you grow. Guest speakers and resource sharing will be a regular feature of this fun networking initiative. <u>Next event is on Tuesday</u> 2nd of May.





# Get the kids into nature this school holidays!

Awahuri Forest-Kitchener Park Trust are selling amazing kids activity books just ahead of the impending school holidays. These are designed to be used as part of a visit the park, which is just off Kawakawa Road in Feilding. The books are chock full of activities, pictures, facts quizzes and puzzles and are a great resource. You can purchase form the Environment Network Manawatū offices, 145 Cuba Street, Monday- Thursday 9am-4pm for \$10

#### The Ruahine Kiwi Project.

A great media release from the Department of

<u>Conservation</u> about the sterling work of the Ruahine Kiwi project towards supporting the restoration and maintenance of the Ruahine Ranges so that kiwi and other native species can return and thrive. Our continued thanks to <u>The Egg Project</u> for their continued support of our mahi.





Sector Lead Report to PNCC

porting period: July - December 2022

#### Reporting to PNCC as a Sector Lead

ENM recently reported in person to PNCC's Sustainability Committee for the first time as Sector Lead for the environment.

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Colleagues, friends and stakeholders from the sector were there in abundance to support our korero which was well received with an abundance of excellent questions from councillors.

The sector lead appointment has been a change of direction in ENM's relationship with PNCC. We understand and appreciate this as recognition of the outstanding, long term collective mahi of our people and as a platform to share information and understanding more directly.

# Recycle your media waste at the ENM office.

Our new recycling box is hungry and needs kind recyclers to fill its tummy with waste that is yummy! We now house a media waste receptacle at the ENM office on 145 Cuba Street and encourage the public to visit us to recycle records, 8-track tapes, cassette tapes, CDs and DVDs, Blu Ray discs, floppy disks, memory sticks and external hard drives.

Feeding times are 9am-4pm Monday- Thursday.



# **Opportunities to get involved**

#### **Regular Events**

All welcome to meet, talk, swap and connect Apr 29 Palmerston North Repair Cafe.

# Workshops, Talks and Special Events

Apr 5th Green Drinks Quiz Night. Apr 15 Feilding Repair Cafe

Apr 29 RECAP Crop Swap

Every Second Saturday <u>Repair Cafe Levin</u> Don't throw it out - bring it in for mending! Every Friday Fridays for Future Peaceful protest for climate action. Apr 8 <u>Crop Swap Awapuni</u> Bring what you have, take what you need. Apr 15 <u>Upcycling Club 1 workshop at Te</u> Manawa Apr 2, 16, 30 <u>Dune Garden Working Bee</u>. Every Sunday, Monday, Wednesday <u>Wildlife Foxton Trust</u>.

#### Local Markets

#### Eat seasonally, buy locally.

Every Friday <u>Feilding Farmers' Market</u> Every first Sunday <u>Summerhill Farmers</u> <u>Market</u> Every third Sunday <u>Hokowhitu Farmers</u> Market

## **Working Bees**

## Create better places and communities

Apr 2 Ahimate Reserve Apr 8 Green Corridors Summerhill Help maintain corridors of native trees. Apr 9 and 16 A Rocha Nursery Growing natives from eco-sourced seed. Apr 9 Apollo Butterfly Park Planting for Monarch butterflies, etc.. Apr 16 Pit Park Roslyn A restored urban native bush habitat. Every Tuesday & Wednesday Menzshed Sharing tools, skills and friendship. Every Sunday Timona Park Orchard Growing fruit for the community. Most Sundays Manawatū Estuary Trust Keeping exotic species out of the wetland. Every Friday Best Care Whakapai Haora Māra Kai

Every Friday. Ashhurst Community Library Garden Working Bee.

# Sharing Tables and Shelves

#### Meetings and AGMs

#### Interested people always

welcome Apr 3 Water and Environmental Care Horowhenua Apr 4 Manawatū Estuary Trust. Caring for the Manawatū River Estuary. Apr 5 Monthly meeting Manawatū River Source to Sea Apr 11 Forest and Bird Manawatū Branch. This meeting is also their AGM. Apr 20 Supergrans Manawatū AGM. Apr 27 . Manawatū Beekeepers Club.

#### ENM on the Radio

**Every Tuesday** 12:30-1. Manawatū Peoples Radio show '<u>21 years of</u> <u>ENM'</u> Listen live or via podcast.

#### **Small Gardening Tools**

Tools are available for keen gardeners to borrow from the Awapuni, Roslyn and Te Pātaka Kai is the Māori term for a food storehouse or basically a pantry. Pātaka Kai are a space for people to leave what they can (excess garden produce and food for example) and for people to take what they need. This is not an exchange system, nor is koha required. Pātaka Kai are open 24/7.

Click here for a link to sharing tables and Pataka Kai in our area. Patikitiki branches of Palmerston North City Library! If you have a garden kaupapa requiring more serious tools, then email <u>food.action@enm.org.nz</u> to organise borrowing our big implements: spades, forks, shovels, rakes and even a wheelbarrow or two. Donations of garden tools in good working order are also welcomed. <u>Click here to learn more</u>.

# **Food Distribution**

Just Zilch, Te Pataka Kai 4412, the Salvation Army, Methodist Social Services Manchester House, Community Fruit Harvest, Manawatū, Te Whare Koha and other are working together to rescue and distribute food. If you know of food that is going to waste, or anyone that is struggling to get food, please contact one of these agencies. <u>Click here for a list of places to</u> <u>access food support</u>.

# **Seed Libraries**

The Manawatū Food Action Seed Exchange has a variety of seed exchanges within the city. Find them at Awapuni, Roslyn, and Te Patikitiki libraries, and the ENM office at 145 Cuba St. Donations are always gratefully received.

# Notices

1. Palmerston North Dress for Success is an initiative of Work Manawatū. They support women to succeed in work and life by providing quality clothing, styling advice and a network of support as they pursue their journey. No referral is needed and you can contact them for a free session on palmerstonnorth@dressforsuccess.org

2. A Rocha Manawatū has native plants to distribute for a koha and pots to give away. If interested, please contact Christine on 06 353 6820.

3.It's time to start thinking about who you would like to nominate for the upcoming Volunteer Recognition Event - VRE2023. Nominations will be open from NOW until 28 April. Keep an eye on <u>Volunteer Central's social media channels</u> for updates on how to submit your nomination.

# Apply for funding

#### Kanorau Koiora Taketeake - Indigenous Biodiversity Community Grant

For community projects which either foster development in indigenous biodiversity and support mātauranga Māori (Māori knowledge) Applications open on Monday 27 March and run through to 1pm on Friday 5 May.

#### Pūtea Hapori Urupare Āhuarangi - Community Climate Response Fund.

For projects that respond to climate change issues in their communities (within the Horizons Region). Applications open on Monday 27 March and run through to 1pm on Friday 5 May.

#### Community Organisations Grants Scheme (COGS)

COGS provides government-funded grants to support voluntary and not-for-profit organisations working in local communities and neighbourhoods. It can fund ongoing operational costs: wages, training, rent, power, expenses, community projects or events. COGS is opening on 5 April and closing on 3 May 2023 (at 11:59pm).

For an up-to-date local funding calendar developed by ENM's Communications and Events Lead Helen King you can click here.





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