

ENM Pānui

'Working with Te Kura Kaupapa Māori o Manawatū

Manawatū Food Action Network supported a recent māra kai refresh day at Te Kura Kaupapa Māori o Manawatū over in Kelvin Grove. A huge mihi to all the tamariki and whānau of the kura who supported this kaupapa. with passion and energy. Many groups and individuals helped this project: the local Kāinga Ora team , <u>Growing Gardens and Communities - Manawatū</u> , Guardian Tree Service, the Landscape Supply Yard, and Tāhuri whenua . The team at Te reo o te uru also created a great video story of this event which you can access <u>by clicking here.</u>

Free planter box collaboration continues

Manawatū Food Action Network (MFAN) is continuing their collaboration with UCOL and Kāinga Ora to deliver free planter boxes to local Kāinga Ora residents. Local secondary school students construct these boxes at UCOL as part of their building and construction course, and then hand them over to MFAN for deliveries. This year the boxes have a new look to them, thanks to community feedback. With longer legs so they are raised off the ground, these boxes will be more accessible for clients who find it hard to bend down. With spring fast approaching, this lot of planter boxes are ready to be delivered to the community and inspire a new season of growing food at home. If you are interested in a planter box, please Contact MFAN either through our <u>Facebook</u>

page or emailing food.action @enm.org.nz





Celebrating Volunteering:

Each Monday at 12.30pm, a group of enthusiastic students from the Awatapu College Special Needs Department, attend "Job Club". The Job Club is a foundation skills opportunity for students with physical and cognitive difficulties, to undertake real-world "jobs" in the security of their familiar school environment.

The hour-long sessions are designed to prepare students for work placements in the community. Here they learn skills that will help them fit into and thrive in the workplace, including organisation, working independently, attentiveness, and for those with capability, leadership. By partaking in meaningful work, students are included and <u>contributing to society...</u>

Interning at ENM

Over the last couple of months, we have been lucky enough to have Chanyo Bunpunlert (Yo) as an Intern at ENM from Massey University. Yo is a Masters student in Sustainable Development Goals and has been incredibly helpful as a receptionist (hers is the smiling face as you walk in the door) and supporting many ENM events, volunteering opportunities and initiatives. We have been really grateful for all her hard work, friendliness and professionalism. Our sincere thanks to her.





Ruahine Kiwi removing predators to ensure we are kiwi ready by 2026.

Cold thought the winter months are and snowy though the terrain is, Ruahine Kiwi staff and volunteers keep those traps checked and baited (with a little help with eggs from The EGG Project) to ensure predators are minimised. We are making steady progress towards our goal, but we still need your support.

You can help us through donations of money, through a <u>Givealittle page supported by Jennian Homes Manawatu</u> <u>Donations of eggs</u>, through an initiative set up by The EGG Project.

Repair Cafe Travelling to Highbury for September Event.

There will be a change of venue for our next Repair Cafe as we move to Highbury Whanau Centre for our 28th of September Event. We are thrilled to be taking the opportunity to this part of the city and welcome people, as usual with smiles, cake, and the will to mend your things.



Repair Cafes are free pop up events where local people bring their broken and damaged belongings and local experts do their best to repair them.

Venue: Highbury Whānau Centre Centre, 155 Highbury Avenue, Palmerston North. Time: 9am-12pm last mends taken at 11:30pm Contact Environment Network Manawatü on 66 355 0126 to lind out more or find us on

RC PALMY & enm

Saturday 28th September from 9am- 12pm (last mends taken at 11:30pm) at Highbury Whanau Centre, 155 Highbury Avenue



Brought to you by:



Manawatű Food Action Network

Weekly educational working bee supporting our community gardens.

Our city has many notable community gardens that provide kai to people and create a sense of place. These are also spaces that need care and attention to remain productive and thriving.

Over the last few months ENM's Manawatū Food Action Network has been running a weekly educational working bee open to anyone who wishes to volunteer and support these spaces. this takes place between 9-12 every Friday and you <u>can follow our Facebook page</u> to keep an eye out (usually posted each Thursday) as to where the next working bee will happen.

So far, working bees have helped edge and mulch gardens, build garden beds and compost bins from pallets, plant, weed and sort seeds, install water tanks and build garden sheds.

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Contact Siobhan Hirst on <u>kai.security@enm.org.nz</u> for more information,

Bring us your bottle tops!

REMEMBER you can recycle number 2,4,5 plastic lids, aluminium bottle tops and steel bottle tops at ENM's Office at 145 Cuba Street, 9am-4pm Monday- Thursday. We also hold a bottle top sorting working bee every Thursday from 11am-12pm.





Network Manawatū

Pop the date in your diary- ENM's AGM

ENM's Annual General Meeting will take place on Thursday 24th of October from 5:30pm-7pm. Please pop this date in your diary.

We are also eagerly looking for new board members to join a dynamic team of dedicated people in the exciting role of ensuring the vision, direction and future of ENM and its ongoing support of member groups though collectives and projects.

Contact coordinator@enm.org.nz for more information.

Do you have an exciting idea for an environmental project for our city?

Did you know that you can apply for a grant from ENM's Environmental Initiatives Fund at any time? . You can make applications of up to \$1000 for projects occurring within Palmerston North City boundaries that look improve environmental outcomes for the city. Previously funded projects have included water tanks for a community garden, resources for nature-based learning and soil for local māra kai. <u>Click here to learn more about</u> these.

You can find out more about <u>how to apply here</u> or contact us on 06 355 0126 admin@enm.org.nz to discuss your potential project.

Opportunities to get involved

Repair Cafes

Regular Events

Repair and connect.

Join in!



Sept 14 <u>Repair Cafe Levin</u> Sept 21 <u>Feilding Repair Cafe</u> Sept 28 <u>Palmerston North Repair Cafe</u> AT HIGHBURY WHANAU CENTRE.

Crop Swaps

Share and learn Sept 7 <u>RECAP Crop Swap, Ashhurst.</u> Sept 8 <u>Palmy Crop Swap.</u> Sept 8 <u>Foxton Crop Swap</u> Sept 21 <u>Bunnythorpe Crop Swap</u>

Local Markets

Eat seasonally, buy locally. Every Friday <u>Feilding Farmers' Market</u> First and third Sunday <u>Hokowhitu Farmers</u> Market

Regular Working Bees

Get your hands dirty! Sept 1 Ahimate Reserve Sept 8,24 Dune Gardens, Foxton. Sept 14 Green Corridors Summerhill Help maintain corridors of native trees. Sept 8,22 A Rocha Nursery Growing natives from eco-sourced seed. Sept 8 Apollo Butterfly Park Planting for Monarch butterflies. Sept 15 Pit Park Roslyn A restored urban native bush habitat. Every Thursday Bottle top working bee Every Friday Community Food Garden Fridays. Every Sunday Timona Park Orchard Growing fruit for the community.

Most Sundays <u>Manawatū Estuary Trust</u> Keeping exotic species out of the wetland. Every week. <u>Ashhurst Community Library</u> <u>Garden Working Bee</u>. Keep connected on Facebook for dates and times as these do vary. The first Friday of each month <u>Fridays for Future</u> Peaceful protest for climate action. Every Tuesday, Wednesday and Thursday <u>Menzshed</u> Sharing skills and friendship. Sept 4, 11,18,25 Let's Grow Palmy!

AGM's

Be informed. Oct 24 ENM's AGM.

Meetings.

Join an active conversation. Sept 2 <u>Water and Environmental Care</u> <u>Horowhenua</u> Sept 3 <u>Manawatū Estuary Trust.</u> Sept 10 <u>Forest and Bird Monthly meeting.</u> Sept 26 <u>Manawatū Beekeepers Club</u>

One-of Events

2 Sept- 4th Nov Future Living Skills Programme 7th September Guided bike ride with Greasy Chain Charitable Trust. 13th September Sustainable Funding Workshop 14 Sept Green Corridors tree planting.

The Egg Project

Supporting the Ruahine Kiwi Project one egg at a time! You can buy from them and support the project by clicking here.

Sharing Tables and Shelves

Pātaka Kai is the Māori term for a food storehouse or basically a pantry. Pātaka Kai are a space for people to leave what they can (excess garden produce and food for example) and for people to take what they need. This is not an exchange system, nor is koha required. Pātaka Kai are open 24/7.

<u>Click here for a link to sharing tables and</u> <u>Pataka Kai in our area.</u>

Small Gardening Tools

Tools are available for keen gardeners to borrow from the Awapuni, Roslyn and Te Patikitiki branches of Palmerston North City Library! If you have a garden kaupapa requiring more serious tools, then email_food.action@enm.org.nz to organise borrowing our big implements: spades, forks, shovels, rakes and even a wheelbarrow or two. Donations of garden tools in good working order are also welcomed. <u>Click here to learn more.</u>

Food Distribution

Just Zilch, Te Pataka Kai 4412, the Salvation Army, Methodist Social Services Manchester House, Community Fruit Harvest, Manawatū, Te Whare Koha and other are working together to rescue and distribute food. If you know of food that is going to waste, or anyone that is struggling to get food, please contact one of these agencies. <u>Click here for a list of places to</u> <u>access food support.</u>

Seed Libraries

The Manawatū Food Action Seed Exchange has a variety of seed exchanges within the city. Find them at Awapuni, Roslyn, and Te Patikitiki libraries, and the ENM office at 145 Cuba St. Donations are always gratefully received.

Notices

1 Te Patikitiki Rongoa: Helpers are always welcome on Monday afternoons 2-3.30pm and Friday afternoons 3-4.30pm to help with the gardens at Te Patikitiki Library. Contact Niki Burtenshaw for more information 021362873.

2. <u>Growing Gardens and Communities</u> sets up gardens for people who need help to get started growing kai most every Thursday from 10 AM to 12:30. Volunteers are hugely appreciated. Contact Beth Lew at 0274 399 565 for more information

3<u>The Greasy Chain Charitable Trust</u> has been asked to host a board meeting of the Cycling Action Network (CAN). CAN has been New Zealand's network of cycling advocacy groups since 1997, providing a national voice for everyday people on bicycles. As part of thiss there will be a guided cycle ride on Saturday 7th of September which starts at 1PM at Hancock Community House where it will finish around 2:15. Following the ride, participate in a workshop (starting at 2:30PM) dedicated to advancing cycling in our city. Full details may be seen on our <u>Facebook page</u>.

Apply for funding

Palmy Community Funding Expo

September 12th, 1-4 pm at the Palmerston North Conference and Function Centre.

In association with Palmerston North City Council, the Department of Internal Affairs Eastern & Central Community Trust and Te Pū Harakeke.

This expo serves as a platform to bring together funders, organisations, and individuals who are passionate about making a positive impact in our communities. The event will showcase various funding opportunities and resources available for community initiatives. It is a unique opportunity to connect with potential funders, key organisations, network with like-minded individuals, and gain valuable insights.

For an up-to-date local funding calendar developed by ENM's Communications and Events Lead Helen King you can click here.



AN INSPIRED, CONNECTED COMMUNITY CREATING A HEALTHY LIVING ENVIRONMENT IN THE MANAWATU CATCHMENT

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