

## **ENM Pānui**

### Be part of Manawatū's Community Garden Revolution.

A community where people feel empowered and enabled to grow their own food and share excess readily and easily.

This is not just a dream; ENM's <u>Manawatū Food Action Network</u> has been hearing a rising of voices around emerging gardens and the whisperings of need for more support for people involved or wanting to be involved in community gardening in the Manawatū. This is becoming an incredibly positive reality that we want to connect people together in.

Whether you are already involved in a community garden, are wanting to be involved in one or have ideas about creating one, we welcome you and bring you together so you can support each other by sharing your experiences.

We warmly invite you to attend the inaugural Community Gardeners Hui on Thursday 11th May 11:30 am - 2:30 pm at Te Manawa Museum.

You can register here- RSVPs are advised for catering purposes.

Any questions please email us on food.action@enm.org.nz







#### Your Kitchen Business.

The Manawatū Food Action Network in collaboration with Ora Konnect will be facilitating a series of 4 workshops called "Your Kitchen Business".

Starting Monday 8th of May 7pm- 9pm over the space of 4 weeks the workshops will take place at Highbury Whānau centre. at a cost of \$40 per family.

This project is an outcome of the 4412 Kai Resilience Strategy where we spoke with many whānau who identified a dream to turn their passion for kai into a commercial success.

This workshop series will support people with this moemoea in taking the next steps in creating a well-constructed kai business plan. Workshop topics and themes will include Te ara whānau ora, human resources/logistics, food safety, finances, networking and marketing

You can register for this event here.





## Celebrating Volunteering. Timona Park Orchard Trust.

A small jewel in the crown of Feilding's sprawling Timona Park, Timona Park orchard sits at the Simon Street end of the park alongside the regenerated wetland and native bush. It's a restful place for people and families to sit and observe nature and enjoy the view.

The Trust, initiated by the late Gill Absolon, was incorporated in August 2016. It oversees the orchard,



wetland and bush in conjunction with Manawatū District Council.

The orchard is largely pip fruit (crab apples, apples and pears) and it was a volunteer turning the crab apples into jelly that instigated the making of other <u>delicious jams and</u> jellies as a fundraiser for the Trust....

# Sustainable Backyard Tour- "What's Growing on in Palmy"

The are provisional plans in November this year for a a Sustainable Backyard Tour- "What's Growing on in Palmy", Hosts and gardens are needed. The purpose will be to showcase growing good healthy kai in our own backyards, at a time when food costs are rising and food security is becoming a real issue. We would like a range of hosts, venues and food gardens to share. From the smallest front porch or patio that is growing an abundance, to the traditional ¼ acre section. If this is you, or someone you know, has an impressive food garden, we would love to hear from you.

Email whatsgrowingonpalmy@gmail.com @Palmy Permies





## Change of Venue for the Repair Cafe in May.

The next <u>Palmerston North Repair Cafe</u> will see us moving to Palmerston north Community Leisure Centre, 569 Ferguson Street next to the recycling centre and a new time of 9am- 12pm. The next cafe will be Saturday 27th of May.

Our thanks to Te Manawa Museum for their kindness and help and being a superb venue for us over the last eight months!

## Have your voice heard through submissions.

ENM proudly submits to local, regional and national consultations in partnership with its member groups. Our collective voice has weight and resonance, and we encourage and welcome our member groups to add their perspective to our collectives' submissions and for others to make their own.

We strive to keep our followers informed of submissions and have great tools on our website to help you on your journey. Any questions, do get in touch with our Communications and Events Lead Helen King







#### We need your excess seeds!

Did you know the Manawatū Food Action Network(MFAN) helps run the seed exchanges that are at the community libraries in town? These are there so communities can share seeds and help with communities growing their own food at home. They rely on donations from the community, If you have any excess seeds that you have bought but aren't using, or are able to harvest seeds from your plants at home then please donate them!

You can either drop them off at the ENM office on 145

Cuba street, or take them directly to the seed exchange boxes located at the community libraries in town.

There are MFAN seed exchange boxes at Te Pātikitiki, Roslyn and Awapuni community libraries, as well as one at Ashurst Library run by RECAP.

#### Massey vets keeping our streams clean

Our thanks to the Massey University Student Vets (MUSVA) all-star stream clean up team who tackled a tricky stream section by the racecourse on Saturday 1 April 2023. There was a lot of plastic packaging embedded into the sandy banks that needed to be wrestled loose that already showed signs of breaking down into tiny pieces. Access was limited because of the overgrowth of blackberry and other vegetation. None of these challenges deterred. Our thanks to all MUSVA students, Simon from Famco Lighting who brought his truck along to carry the rubbish to the collection point and a special thanks to the generous organisations that supported MUSVA with donations of prizes and kai.





#### Welcoming our new Trapper Jackson!.

Formally introducing Jackson Rice, who has been employed as the new trapper for the Ruahine Kiwi Project since February 2023.

Jackson has a true affinity for Aotearoa's unique environment having qualified in outdoor recreation from Wintec in Hamilton. Before working for Ruahine Kiwi he was employed as a cave guide at the Legendary Black Water Rafting Company in Waitomo for four and half years, where he grew his passion for biodiversity and pest control.

The team is enjoying his energy, enthusiasm, drive and sense of humour. A very warm welcome Jackson!

## Opportunities to get involved

### Repair Cafes

#### Repair and connect.

May 27 Palmerston North Repair Cafe.

May 13 Feilding Repair Cafe

May 13 Repair Cafe Levin

### Crop Swaps

#### Share and learn.

April Palmy Crop Swap.

#### Local Markets

#### Eat seasonally, buy locally.

**Every Friday** <u>Feilding Farmers' Market</u> **First and third Sunday** <u>Hokowhitu Farmers</u>

Market

#### AGM's

#### Support and celebrate.

14th June RECAP AGM

### **Working Bees**

#### Get your hands dirty!

May 7 Ahimate Reserve

May 7, 21 Dune Garden Working Bee.

May 13 Green Corridors Summerhill

Help maintain corridors of native trees.

May 14 and 28 A Rocha Nursery

Growing natives from eco-sourced seed.

May 14 Apollo Butterfly Park

Planting for Monarch butterflies, etc..

May 21 Pit Park Roslyn

A restored urban native bush habitat.

Every Sunday Timona Park Orchard

Growing fruit for the community.

Most Sundays Manawatū Estuary Trust

Keeping exotic species out of the wetland.

Every Friday Best Care Whakapai Haora

Māra Kai

Every week. Ashhurst Community Library
Garden Working Bee. Keep connected on
Facebook for dates and times.

# Sharing Tables and Shelves

### Regular Events

#### Join in!

**Every Friday Fridays for Future** 

Peaceful protest for climate action.

Every Tuesday & Wednesday

Menzshed Sharing skills and friendship.

Every Sunday, Monday, Wednesday

Wildlife Foxton Trust.

May 2, 16, 30 Let's Grow Awapuni.

May 3, 7, 31 Let's Grow Highbury

May 10. Green Drinks.

May 20 Upcycling Club 1 workshop at

Te Manawa

## Workshops and talks

#### Be informed.

May 1 Natural Pesticides Workshop

May 7 Foraging Workshop

May 13 Preserving Workshop

## Meetings.

#### Join an active conversation

May 1 Water and Environmental Care
Horowhenua

May 2 Manawatū Estuary Trust.

Caring for the Manawatū River Estuary.

May 3 Manawatū River Source to Sea

May 9 Forest and Bird Manawatū Branch.

May 25. Manawatū Beekeepers Club.

### ENM on the Radio

Every Tuesday 12:30-1.

Manawatū Peoples Radio show '21 years of ENM' Listen live or via podcast.

## The Egg Project

Supporting the Ruahine Kiwi Project one egg at a time! You can buy from them and support the project by clicking here.

## **Small Gardening Tools**

Pātaka Kai is the Māori term for a food storehouse or basically a pantry.

Pātaka Kai are a space for people to leave what they can (excess garden produce and food for example) and for people to take what they need. This is not an exchange system, nor is koha required. Pātaka Kai are open 24/7.

Click here for a link to sharing tables and Pataka Kai in our area.

Tools are available for keen gardeners to borrow from the Awapuni, Roslyn and Te Patikitiki branches of Palmerston North City Library! If you have a garden kaupapa requiring more serious tools, then email <a href="food.action@enm.org.nz">food.action@enm.org.nz</a> to organise borrowing our big implements: spades, forks, shovels, rakes and even a wheelbarrow or two. Donations of garden tools in good working order are also welcomed. <a href="Click here to learn more.">Click here to learn more.</a>

#### Food Distribution

Just Zilch, Te Pataka Kai 4412, the Salvation Army, Methodist Social Services Manchester House, Community Fruit Harvest, Manawatū, Te Whare Koha and other are working together to rescue and distribute food. If you know of food that is going to waste, or anyone that is struggling to get food, please contact one of these agencies. Click here for a list of places to access food support.

#### Seed Libraries

The Manawatū Food Action Seed Exchange has a variety of seed exchanges within the city. Find them at Awapuni, Roslyn, and Te Patikitiki libraries, and the ENM office at 145 Cuba St. Donations are always gratefully received.

## **Notices**

Whatunga Tūao | Volunteer Central is delighted to have received a high number of nominations for the Volunteer Recognition Event. Nominations are now closed, and we're eagerly looking forward to getting in touch with the nominees to let them know that they have been nominated. Their reactions are always one of the best rewards for us! It's fantastic to see more and more organisations recognising the hard work of their volunteers. Keep an eye on our social media channels to find out who has been nominated! Thank you.

Beekeeping NZQA Level 3 . Ashhurst . Next course starting late-July Suitable for both beekeeping hobbyists and professionals; no prior knowledge or experience needed. Twenty one-day workshops over 40 weeks, covering a complete beekeeping season and including time working with bees in the field. Run by Land Based Training. For more information email John Bell (j.d.bell@xtra.co.nz) or phone 021 620 169. Working Bee at Forest Remnant.

Saturday May 13. Volunteers are invited to join a community weeding bee at an old growth river terrace remnant on private land near Mangaweka. Carpooling is available for those wanting to share transport. Weeding will include cutting out sycamore saplings and other weeds and using herbicide gel to prevent regrowth. A reasonable level of fitness is required. Gloves and tools can be provided, as well as good company, snacks and hot drinks! If interested please contact Sally at 021 256 9641 or email

sallylpearce@yahoo.com by Wed May 10th, to register your interest and find out more.

## Apply for funding

Kanorau Koiora Taketeake - Indigenous Biodiversity Community Grant

For community projects which either foster development in indigenous biodiversity and support mātauranga Māori (Māori knowledge)

Applications open on Monday 27 March and run through to 1pm on Friday 5 May.

#### Pūtea Hapori Urupare Āhuarangi - Community Climate Response Fund.

For projects that respond to climate change issues in their communities (within the Horizons Region). Applications open on Monday 27 March and run through to 1pm on Friday 5 May.

#### Community Organisations Grants Scheme (COGS)

COGS provides government-funded grants to support voluntary and not-for-profit organisations working in local communities and neighbourhoods. It can fund ongoing operational costs: wages, training, rent, power, expenses,

community projects or events.

COGS is opening on 5 April and closing on 3 May 2023 (at 11:59pm).

For an up-to-date local funding calendar developed by ENM's Communications and Events Lead Helen King you can click here.





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